

Swimming Timetable

Friary Grange Leisure Centre

Accurate as of 20/07/2017

(17-07-2017 - 23-07-2017)



| Day | Time | Session | Facility |
|-----|---------------|--------------------------------|---------------------------|
| Mon | 06:45 - 08:15 | Early Bird Lanes | Swimming Pool (25 Metres) |
| Mon | 09:00 - 10:00 | School Swimming Service | Swimming Pool (25 Metres) |
| Mon | 10:25 - 11:05 | Aqua Aerobics | Swimming Pool (25 Metres) |
| Mon | 11:30 - 12:30 | School Swimming Service | Swimming Pool (25 Metres) |
| Mon | 12:40 - 13:20 | Public Swimming | Swimming Pool (25 Metres) |
| Mon | 13:30 - 16:30 | School Swimming Service | Swimming Pool (25 Metres) |
| Mon | 16:30 - 18:00 | Lichfield Swimming Club | Swimming Pool (25 Metres) |
| Mon | 18:00 - 20:00 | Public Swimming | Swimming Pool (25 Metres) |
| Mon | 20:00 - 21:00 | Tri Club | Swimming Pool (25 Metres) |
| Mon | 21:00 - 22:00 | Swimfit Lanes | Swimming Pool (25 Metres) |
| Tue | 06:45 - 08:15 | Early Bird Lanes | Swimming Pool (25 Metres) |
| Tue | 09:15 - 11:30 | School Swimming Service | Swimming Pool (25 Metres) |
| Tue | 12:00 - 13:00 | Public Swimming | Swimming Pool (25 Metres) |
| Tue | 13:15 - 15:00 | School Swimming Service | Swimming Pool (25 Metres) |
| Tue | 16:00 - 18:00 | Swimming Lessons | Swimming Pool (25 Metres) |
| Tue | 18:00 - 19:30 | Lichfield Swimming Club | Swimming Pool (25 Metres) |
| Tue | 19:30 - 21:00 | Public Swimming | Swimming Pool (25 Metres) |
| Tue | 21:00 - 22:00 | Swimfit Lanes | Swimming Pool (25 Metres) |
| Wed | 06:45 - 08:15 | Early Bird Lanes (LSC 2 Lanes) | Swimming Pool (25 Metres) |
| Wed | 09:15 - 11:30 | School Swimming Service | Swimming Pool (25 Metres) |
| Wed | 12:00 - 13:00 | Public Swimming | Swimming Pool (25 Metres) |

| Day | Time | Session | Facility |
|------------|---------------|--------------------------------------|---------------------------|
| Wed | 13:15 - 15:00 | School Swimming Service | Swimming Pool (25 Metres) |
| Wed | 16:00 - 18:00 | Swimming Lessons | Swimming Pool (25 Metres) |
| Wed | 18:00 - 19:30 | Lichfield Swimming Club | Swimming Pool (25 Metres) |
| Wed | 19:30 - 21:00 | Public Swim LSC 3 lanes, 7.30-8.30pm | Swimming Pool (25 Metres) |
| Wed | 21:00 - 22:00 | Swimfit Lanes | Swimming Pool (25 Metres) |
| Thu | 06:45 - 08:15 | Early Bird Lanes | Swimming Pool (25 Metres) |
| Thu | 09:15 - 10:00 | School Swimming Service | Swimming Pool (25 Metres) |
| Thu | 10:15 - 11:15 | Parent & Toddler Session | Swimming Pool (25 Metres) |
| Thu | 11:30 - 12:30 | School Swimming Service | Swimming Pool (25 Metres) |
| Thu | 12:40 - 13:15 | Public Swimming | Swimming Pool (25 Metres) |
| Thu | 13:30 - 15:00 | School Swimming Service | Swimming Pool (25 Metres) |
| Thu | 16:00 - 18:00 | Swimming Lessons | Swimming Pool (25 Metres) |
| Thu | 18:00 - 19:30 | Public Swimming | Swimming Pool (25 Metres) |
| Thu | 18:30 - 19:30 | Swimfit Boot Camp | Swimming Pool (25 Metres) |
| Thu | 19:30 - 21:00 | Lichfield Swimming Club | Swimming Pool (25 Metres) |
| Thu | 21:00 - 22:00 | Swimfit Lanes | Swimming Pool (25 Metres) |
| Fri | 06:45 - 08:15 | Early Bird Lanes | Swimming Pool (25 Metres) |
| Fri | 09:00 - 11:15 | School Swimming Service | Swimming Pool (25 Metres) |
| Fri | 12:00 - 13:00 | Public Swimming | Swimming Pool (25 Metres) |
| Fri | 13:15 - 14:45 | School Swimming Service | Swimming Pool (25 Metres) |
| Fri | 16:00 - 18:00 | Swimming Lessons | Swimming Pool (25 Metres) |
| Fri | 18:00 - 21:00 | Public Swimming | Swimming Pool (25 Metres) |
| Fri | 21:00 - 22:00 | Swimfit Lanes | Swimming Pool (25 Metres) |
| Sat | 07:00 - 08:30 | Lichfield Swimming Club | Swimming Pool (25 Metres) |
| Sat | 08:30 - 11:00 | Swimming Lessons | Swimming Pool (25 Metres) |

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|------------|---------------|--------------------------------|---------------------------|
| Sat | 11:00 - 13:30 | Public Swimming | Swimming Pool (25 Metres) |
| Sat | 14:00 - 15:30 | Fun Session (Inc Spike Island) | Swimming Pool (25 Metres) |
| Sat | 16:00 - 19:00 | Pool Hire Available | Swimming Pool (25 Metres) |
| Sat | 19:30 - 21:00 | Staff Training | Swimming Pool (25 Metres) |
| Sat | 21:00 - 22:00 | SWIMMING POOL CLOSED | Swimming Pool (25 Metres) |
| Sun | 07:00 - 08:00 | Early Bird Lanes | Swimming Pool (25 Metres) |
| Sun | 08:00 - 10:00 | Public Swimming | Swimming Pool (25 Metres) |
| Sun | 10:15 - 11:30 | Family Fun | Swimming Pool (25 Metres) |
| Sun | 11:45 - 13:00 | Public Swimming | Swimming Pool (25 Metres) |
| Sun | 13:30 - 15:30 | Pool Hire Available | Swimming Pool (25 Metres) |
| Sun | 16:00 - 17:00 | Adult Swimming Lessons | Swimming Pool (25 Metres) |
| Sun | 17:00 - 18:00 | Penguins Swimming Club | Swimming Pool (25 Metres) |
| Sun | 18:00 - 19:00 | Swim for £1 | Swimming Pool (25 Metres) |
| Sun | 19:00 - 20:00 | Aqua Aerobics | Swimming Pool (25 Metres) |
| Sun | 20:00 - 21:00 | Swimfit Lanes | Swimming Pool (25 Metres) |
| Sun | 21:00 - 22:00 | SWIMMING POOL CLOSED | Swimming Pool (25 Metres) |